



NEWS RELEASE

Volunteers Needed To Help Food Bank Garden Grow

NEW BERN, N.C. (July 10, 2012) –The Food Bank of Central & Eastern North Carolina at New Bern is looking for volunteers to assist Master Gardeners in the plot next to the warehouse located at 205 South Glenburnie Road. Work in the garden occurs year round and begins at 8am during summer months and 9am during the winter months.

Groups or individuals are needed Tuesday mornings for planting, watering, weeding, harvesting, and other activities. Children age 12 and up can volunteer with an adult.

The garden broke ground in September 2010 and yielded over 8,500 pounds of fresh produce in 2011 to be distributed to the New Bern Branch service area (Carteret, Craven, Jones, Onslow, and Pamlico Counties). Last month items harvested from the garden included cabbage, cucumbers, potatoes, squash, zucchini, and corn.

[PHOTOS ATTACHED]

- **Volunteers planting**
- **Collard crop**

For more information on how to help, contact Angel Ray, Volunteer Coordinator, Greenville and New Bern at aray@foodbankcenc.org or 252-752-4996 x2302 or Anne Ocorr, Lead Garden Volunteer 252-634-3595.

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About the Food Bank of Central & Eastern North Carolina

The Food Bank of Central & Eastern North Carolina is a nonprofit organization that has provided food for people at risk of hunger in 34 counties in central and eastern North Carolina for 30 years. The Food Bank serves a network of more than 800 partner agencies such as soup kitchens, food pantries, shelters, and programs for children and adults through warehouses in Durham, Greenville, New Bern, Raleigh, the Sandhills (Southern Pines) and Wilmington. In fiscal year 2010-2011, the Food Bank distributed more than 42.75 million pounds of food and non-food essentials through these agencies. Sadly, hunger remains a serious problem in central and eastern North Carolina. In these counties, more than 500,000 struggle each day to provide enough food for their families.
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